Pesto Bruschetta with Fresh Mozzarella & Balsamic Syrup

mint + honey + lemon

Yield: 4-6 servings



Ingredients

1 ½ cups balsamic vinegar

1 tablespoon sugar

1 tablespoon honey

2 cups basil leaves (1.5 oz)

1 cup mint leaves (0.5 oz)

34 cup parsley leaves (0.4 oz)

1/4 cup + 2 tablespoons pine nuts (2 oz)

½ cup + 3 tablespoons grated Parmesan cheese (3 oz)

1 large clove of garlic, peeled and roughly chopped (0.2 oz)

1 tablespoon lemon juice

1 teaspoon lemon zest

2 tablespoons honey

1/4 cup olive oil

14 teaspoon salt

1 baguette

Olive oil

3 balls of fresh mozzarella

Directions

Balsamic syrup:

In a small saucepan, bring the balsamic vinegar, sugar, and honey to a boil. Reduce to a simmer and cook down for about 20 minutes (see Kayla's notes).

Pesto:

In a small sauté pan, toast the pine nuts on low heat for about 5 minutes (see Kayla's notes). Meanwhile, combine the basil, mint, parsley, Parmesan cheese, garlic, lemon juice, lemon zest, honey, and salt in a food processor. When the pine nuts have cooled, add those in as well. Pulse the mixture until all of the ingredients are finely chopped. Slowly drizzle the olive oil into the food processor as it runs. Process until the pesto is fully incorporated and smooth.

Bread:

Cut the baguette into thick slices. Heat some olive oil over medium-high heat on a griddle or in a sauté pan, just enough to coat the bottom. Cook the bread until golden brown on each side (about 3 minutes per side).

To serve:

Spread the pesto onto the toasted bread. Slice the mozzarella cheese and place one or two slices on each piece of bread. Season the cheese with salt. Drizzle with the balsamic syrup.

Kayla's Notes

Make sure to keep a close eye on the balsamic as it reduces. Once it boils, you want to cook it low and slow. It can burn very quickly!

Also watch the pine nuts as they cook so they do not burn. Keep the burner on a very low setting. As soon as you smell a nutty flavor and the pine nuts are just slightly golden, remove them from the heat. You can alternatively toast them in the oven for 5-8 minutes at 375°F.